

## MENTAL HEALTH IN COMPLEX EMERGENCIES, NAIROBI, 7: DRAFT CURRICULUM

Sunday, September 25<sup>th</sup> 2011

*AM: Lynne Jones, Peter Ventevogel, Brendan Cahill or Larry Hollingworth*

### ❖ INTRODUCTION (1 hour)

- Getting to know one another
- Outline of course - purposes, direction, etc.

### ❖ SETTING UP MENTAL HEALTH AND PSYCHOSOCIAL PROGRAMMES IN EMERGENCIES PART 1. *Lynne Jones,, Peter Ventevogel,*

- The emergency situation:
- Natural Disasters, War zones, Post conflict and Fragile states: Understanding the different contexts

*PM: Peter Ventevogel & Local Psychosocial expert*

### ❖ SETTING UP MENTAL HEALTH AND PSYCHOSOCIAL PROGRAMMES IN EMERGENCIES PART 2.

- Introducing the IASC guidelines
- What is the (different) roles of mental health and psychosocial professionals in these different contexts?
- What are the likely problems
- Cultural issues and indigenous systems of care

Monday 26th

*AM: Larry Hollingworth*

### ❖ SECURITY

*PM: Local psychosocial expert*

### ❖ PSYCHOSOCIAL PROGRAMMES IN EDUCATION, COMMUNITY SUPPORT AND PROTECTION

- What is the psychosocial domain?
- Ensuring community ownership and participation
- Child protection issues
- Family tracing

Tuesday 27th

*AM: Lynne Jones Peter Ventevogel*

### ❖ UNDERSTANDING THE CLINICAL ISSUES 1

Looking closely at some of the major mental health problems in the field, how they present and how they should be managed

- Grief and loss **LJ**
- Trauma **PV**
- Substance abuse **PV**

*PM: Lynne Jones,*

#### ❖ **UNDERSTANDING THE CLINICAL ISSUES 2**

- Severe mental disorders
- Maternal depression
- Early child development in emergencies

Wednesday 28th

*AM: Paul Bolton*

#### ❖ **MONITORING AND EVALUATION**

*PM: Paul Bolton*

#### ❖ **NEEDS ASSESSMENTS**

Thursday 29th

*AM: Peter Ventevogel, Lynne Jones*

#### ❖ **SETTING UP CLINICAL PROGRAMMES IN EMERGENCY SETTINGS**

Class exercise using real case examples from the field, addressing training, staffing, drug supply, ethical issues

- Afghanistan
- Burundi
- Sierra Leone
- Aceh

*PM: Local SGBV expert*

#### ❖ **RECOGNIZING, UNDERSTANDING, TREATING, AND PREVENTING SEXUAL VIOLENCE**

Looking at the scale of the problem how and to whom it presents, its short- and long-term consequences, appropriate services, legal issues, cultural issues

Friday 30th

*AM: Willem van de Put  
with Lynne Jones, IHA tutor, Local experts as discussants*

❖ **CRITICALLY EXAMINING HUMANITARIANISM**

- Who/What is a humanitarian? and what is the humanitarian ‘space’?
- What is Community?
- What is our role faced with massive human rights abuses or genocide?
- What is/should be our relationship to the military?
- How do we go from relief to development?

*PM: Willem van de Put, Lynne Jones*

❖ **CROSS CULTURAL ISSUES, HUMAN RIGHTS, CONFLICT RESOLUTION,**

- A critical exploration of individual, family and community based approaches and relations with indigenous healers

❖ **TAKING CARE OF OURSELVES**

- Staff selection
- Burn out prevention policies
- Crisis responses

Saturday, October 1st

*AM & PM: Willem van de Put, Lynne Jones, IHA tutor*

❖ **CLASS EXERCISE FULL DAY**

**Closing and certificates.**